

## Do you FALCON?

These are common student behaviors. Check all that apply to your study habits.

 <p><b>Focus</b></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Have reading and assignments done; bring relevant materials to class</li> <li><input type="checkbox"/> Meet with a study group</li> <li><input type="checkbox"/> Get classmates' phone numbers or e-mail</li> <li><input type="radio"/> Miss class or come late to class</li> <li><input type="radio"/> Use your cell phone during class</li> <li><input type="radio"/> Do not check spelling, grammar or calculations before turning in assignments</li> </ul>
 <p><b>Advance</b></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Feel you have a realistic sense of your strengths and weaknesses</li> <li><input type="checkbox"/> Put off having fun so you could study</li> <li><input type="checkbox"/> Use the instructor's corrections and comments to improve your class performance</li> <li><input type="radio"/> Procrastinate in reading upcoming chapters</li> <li><input type="radio"/> Miss class when you don't feel like going</li> <li><input type="radio"/> Feel uncomfortable learning something new</li> </ul>
 <p><b>Link Up</b></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Discuss grades or assignments with your instructor</li> <li><input type="checkbox"/> Use the college library</li> <li><input type="checkbox"/> Seek advice from a counselor</li> <li><input type="radio"/> Refrain from seeking tutoring services</li> <li><input type="radio"/> Do not ask anyone to read your work before turning it in</li> <li><input type="radio"/> Have not visited an instructor during office hours</li> </ul>
 <p><b>Comprehend</b></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Review class handouts and textbook more than once</li> <li><input type="checkbox"/> Re-do assignment to make it better before handing it in</li> <li><input type="checkbox"/> Contribute to class discussions and ask questions in class</li> <li><input type="radio"/> Memorize class material you did not fully understand</li> <li><input type="radio"/> Do not ask questions about points you missed on a test</li> <li><input type="radio"/> Do not re-write, re-type or review class notes to learn material</li> </ul>
 <p><b>Organize</b></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Organize your homework time according to how much time it would take to complete</li> <li><input type="checkbox"/> Check which courses are needed to reach your educational goal</li> <li><input type="checkbox"/> Come to class with specific questions about homework</li> <li><input type="radio"/> Cram for a test the night before</li> <li><input type="radio"/> Do not give yourself enough time to complete reading or assignments</li> <li><input type="radio"/> Do not bring notebook, pen, paper, or even your book for class</li> </ul>
 <p><b>New Ideas</b></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Put together ideas and thoughts from different classes</li> <li><input type="checkbox"/> Use an idea or skill learned in a previous class</li> <li><input type="checkbox"/> Feel curious about what you are learning</li> <li><input type="radio"/> Reluctant to discuss new topics or ideas</li> <li><input type="radio"/> Resist solving class related problems</li> <li><input type="radio"/> Do not explore new ways of doing or thinking about anything</li> </ul>



## Do you FALCON?

**These are common student behaviors. Check all that apply to your study habits.**

Count up your squares and write the total here: \_\_\_\_\_

Count up your circles and write the total here: \_\_\_\_\_

How did you do?

### **SQUARES: Habits Leading to Academic Success**

**16-18 squares:** Fantastic study habits—you're on the right path to achieving your goals!

**13-15 squares:** Great start; you're on the road to success. How many more strong academic habits can you add this semester?

**10-12 squares:** Some strong beginnings here. Now let's work on adding 3-5 more habits of successful students this semester.

**7-9 squares:** You've got some good academic habits, but not enough yet. Which of the squares that you haven't checked can you commit to adding this semester?

**4-6 squares:** Shaky academic skills. Without stronger study habits, a degree, program certification, or transfer may be very difficult to achieve. Which 5 habits beside the squares could you work on this semester?

**0-3 squares:** Trouble! College and university study will seem very frustrating to you without strong academic skills. Identify five you could begin working on and let's work on adding them this semester.

### **CIRCLES: Traps Students Fall Into that Impede Academic Success**

**16-18 circles:** Danger zone! These weak study skills may limit your potential. Start now to avoid these traps and practice strong study skills (squares).

**13-15 circles:** Some weak study skills here; you are probably relying on quick fixes but not real learning. Try eliminating some of these in favor of stronger academic skills (squares).

**10-12 circles:** With strong academic skills (squares), you're not doing too badly, but not as well as you'd like. Lose some of those circle habits and you'll be in better shape.

**7-9 circles:** Not bad. A few of your study habits may get you into trouble. Try getting rid of 3 or 4 of these and adding some strong study habits (see the squares).

**4-6 circles:** Great—not too many bad habits here. Which can you work on eliminating?

**0-3 circles:** Fantastic—you are avoiding weak skills that could limit you. With strong study skills (squares), you have a handle on how to succeed!